



PROBUS CLUB OF ELTHAM NORTH.

Registration number A0028003S

Email: elthamnorthc@gmail.com



NEWSLETTER – SEPTEMBER 2026.

**Next General Meeting: Thursday 3RD September 2026.
10.30 AM at GREENSBOROUGH RSL.**

OFFICE BEARERS



President:

Ross



Secretary:

Dianne



Treasurer:

Paul

“PRESIDENT’S MESSAGE”

Welcome to our September 2026 Newsletter.

It is hard to believe that spring is just around the corner. August has been another busy month for Eltham North Probus Club, with a great variety of activities enjoyed by our members.

Our August General and Birthday Meeting was, as always, a very enjoyable occasion. We were delighted to welcome our guest speaker, Ian Toohill from the Rotary Club of Eltham, who gave us a fascinating and informative presentation on the life of Dr Philip Garth Law AC CBE, affectionately known as “Mr Antarctica”. Ian’s talk provided us with a wonderful insight into the remarkable life and achievements of a man who played such an important role in Australia’s Antarctic history. We thank Ian for sharing his knowledge with us.

We were also pleased to welcome and introduce Eileen to the Club. We hope Eileen will enjoy her time with us and take part in the many activities and friendships that Probus has to offer.

As it was our Birthday Meeting, there was also plenty of delicious cake to enjoy. A special thank you to Rae for providing such a wonderful treat. The cake was certainly enjoyed by everyone!

Our Snooker, Darts and Billiards activities at Greensborough RSL continue to be very popular. We held two sessions during the month, with plenty of friendly competition, good company and, of course, lots of laughs. It is particularly pleasing to see our numbers growing again, demonstrating the continuing interest in these activities.

Our second Thursday walk took us through the Rosanna Parklands. Unfortunately, the weather was far from kind, but a few hardy stalwarts were not deterred and turned up ready to face the elements. Their enthusiasm is certainly to be admired!

Our Games Day at the Eltham CFA was another enjoyable morning, with plenty of friendly chatter, laughter and good company. If you enjoy playing games in a relaxed and friendly atmosphere, this is a great activity to come along to.

For our third Thursday outing, we enjoyed a guided tour of the historic ANZ Bank Gothic building in Collins Street, Melbourne. This proved to be a real surprise and a fascinating experience. The building is beautifully preserved and provided plenty of interesting features and photographic opportunities. After we had lunch at the Mitre Taven, you will find some photos from the day at the end of this newsletter.

Our fourth Thursday activity was lunch at Rivers of Yarrambat, which once again provides us with an enjoyable meal in pleasant surroundings and, most importantly, good company.

It is wonderful to see the Club continuing to be so active, with members supporting our regular activities and welcoming new faces. The friendships, companionship and laughter that come from our activities are what make Probus such a special organisation.

I encourage everyone to continue supporting our activities and to consider trying something new. Whether it is a walk, a game of snooker or darts, a lunch, an outing, city theatre or local theatre and Games Day or simply catching up with fellow members at our monthly meeting, there is something for everyone.

Thank you to all our Activity Coordinators, Committee members and volunteers who put so much time and effort into organising our events. Your contribution is greatly appreciated and helps make Eltham North Probus Club the friendly and active Club that it is today

Looking Ahead – AI for Seniors Seminar

Our AI for Seniors Seminar is forging ahead nicely, and at this point we have 103 participants registered. Thank you to Robert Turner for the work he has done to make this event happen.

There are still some seats available, so if you are interested in attending, now is the time to book your ticket. This is a free, ticketed event, but seating is limited and we expect the remaining places to fill quickly.

The seminar has been specifically designed to help seniors understand Artificial Intelligence, how it may affect our everyday lives, and what we need to know to make the most of this rapidly developing technology.

If you would like to attend, please don't leave it too late—book your free ticket while seats are still available!

I have included the AI for Seniors flyer at the end of this newsletter, which contains all the details you need, including the date, time, venue and booking information.

Commiserations to John Emery on the passing of his Daughter Vivian.

We look forward to seeing many of our members there!

Regards Ross.

A Special Cheerio: To all those who haven't been well lately. We're thinking of you and hope that you'll feel much better soon.

Unwell or in need of a "Cheerio"? please contact: Faye 9439 7968 or Nola 9499 5181.

FAMILY HISTORY WEBSITES:

<https://australiangenealogy.au>

<https://australianpolice.com.au>

DIAMOND VALLEY LIBRARY Every Wednesday 11am -12 pm & 12pm – 1pm Book a 60 minute in-person session for help. Bookings essential 9434 3809

GARDENING IN SEPTEMBER

- **Veggies:**

You can put in **beetroot**, borage, **cabbage**, carrots, celeriac, coriander, cress, **rocket**, dill, fennel, daikon, spring onions, parsley, parsnip

Potatoes can still go in as tubers, rhubarb, **silverbeet** – again all year round, strawberry runners AND... maybe ... towards the end of the month — *as long as the frosts have finished in your area* you can start putting in those summer crops: climbing beans, dwarf beans, basil, **tomatoes**, eggplant, capsicum, cucumber, zucchini, pumpkin, sunflowers, sweet corn and watermelon.

It's not too late peruse the mail order seed catalogues for those plants and get them growing in a little greenhouse. Check out the heirloom varieties through **Eden Seeds** or **Diggers** or the seed savers networks.

If you're planting out summer crop seeds now you may need to start them off somewhere warm, like on top of the hot water service.

- **Fruit:** It's time to plant citrus, blueberries, passionfruit, feijoas, guavas and if you've got a taste for the exotic, babaco (a type of paw paw which grows well in Melbourne.) And although there's no longer any bareroot stock, you can still plant all your favourite deciduous fruit trees too.
- Before you put in all those wonderful spring planted vegetables, prepare your beds. Everything will appreciate some well made **compost**, a dash of dynamic lifter, finished off of course with some straw mulch.

JUDY'S CROCHET RUGS.

Judy would appreciate any donations of wool to enable her to keep making the rugs which are regularly donated to charity.

ATTENDANCE FOR AUGUST.

Members: 82 Attendance: 58 Apologies: 18 Visitors: 5.

Please – If you are unable to attend the General Meeting, make sure an apology is noted by our door keepers Betty M, Diane O, or our Secretary Dianne.

DOOR KEEPERS FOR 2026.

Betty M. and Diane O.

SEPTEMBER MORNING TEA HELPERS.

The morning tea Helpers for this month are Kathryn and Marianne.

CONVENOR: Diane O'Connor 0448 312 211. dioconnor46@icloud.com

WELFARE OFFICER.

Please let Faye or Nola know if you are aware of an illness being experienced by any of our members.

TRADESPERSON REGISTER:

Frank Need a tradie? Frank has details of member recommended tradespeople available. Contact Frank as above for more information.

**SEPTEMBER BIRTHDAYS. HAPPY BIRTHDAY TO.
EMIE, ROBERT T. MARGARET, ANNA, AND DOROTHY.**

TAKE IT OR LEAVE IT TABLE.

If you have anything you no longer need and feel someone else may be able to make use of the item, please bring it along and place it on the table.

So – clean out your cupboards and let's all enjoy the give and take!

Convenor: Betty L

SEPTEMBER GUEST SPEAKER

Our guest speaker for our September General Meeting will be **Dr Jenny Gowan AM**, who will present an informative talk on the **safe use of medicines**. With medicines playing an important role in maintaining our health and wellbeing, it is easy to become confused about what we should be taking, when we should take it, and how different medicines may interact with one another. Dr Gowan will provide practical information and helpful advice on using medicines safely and effectively.

The presentation will cover topics such as understanding your medicines, taking them correctly, possible interactions and side effects, and the importance of regularly reviewing the medicines you take.

This promises to be an interesting and informative presentation, particularly for those who take several medicines or would simply like to be better informed about their safe use.

We look forward to welcoming Dr Jenny Gowan AM and hope you will join us for what promises to be a very worthwhile presentation.

SNOOKER, BILLIARDS, DARTS.

DATE: 2nd - 16th – 30th September 2026.

TIME: 10 AM to 12 Noon.

VENUE: Greensborough R.S.L.

Please place your name on the list on the table
At the general meeting



Convenor: Winston.

GAMES GROUP 2026.

SEPTEMBER: TUESDAY GAMES DAY.

Date: 8th – 22nd September 2026.

Venue: Meeting Room, Eltham CFA, 909 Main Road, Eltham.
(Enter via the side door).

Parking: There is 3-hour parking across the road and up the hill from the CFA
and also in the lower car park at Coles Supermarket.

Time: 10.00AM to 12.00PM

Cost: No Cost.

Lunch: If you wish to have Lunch, there are several Restaurants in Main Street.

Convenor: Neil and Christine.



Convenor: Stephen.

SCENIC WALK SEPTEMBER:

Date: 10TH September 2026.

Meet: Lower Plenty Hotel bottom car park.

Time: 10.30 for 11.00 AM start.

Walk: Plenty River Trail West over old
Eltham Bluestone Bridge follow path
Under Lower Plenty road and head
North After 30 minutes return and
walk Back to the start.

B.Y.O. Morning tea. Don't forget your Hat
And water.

Lunch: Lunch / snack/ coffee at Lower
Plenty Pub.

SEPTEMBER: THIRD THURSDAY OUTING.

DATE: 17th September 2026.

TIME: 10.30am.

Activity: Guided tour of Eltham Cemetery. 40 Mount Pleasant road Eltham.

Cost: Gold coin donation.

Lunch: Eltham Hotel.

Convenor: Julie S.

SEPTEMBER: FOURTH THURSDAY ACTIVITY.

DATE: Thursday 24TH September 2026.

TIME: 12.00 pm.

VENUE: Old England Hotel 459 Lower Heidelberg Road Heidelberg.

Activity: Lunch.

We look forward to your company at this popular venue.

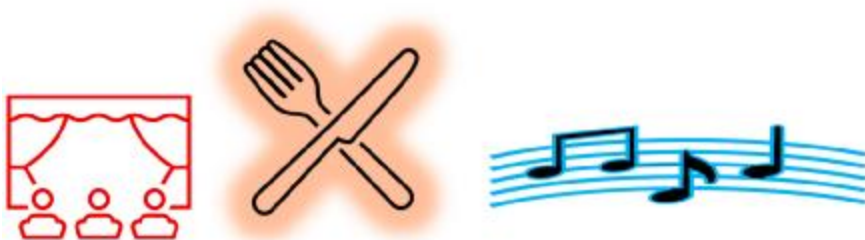
Please contact Betty L.

PLEASE PLACE YOUR NAME ON THE LIST ON THE REAR TABLE –
WE WOULD LOVE TO SEE SOME NEW MEMBERS AT OUR GATHERING.

Convenors: Rae. Betty L. Giselle

Local Theatre and Concert Events 2026

. Looking for something to do on a Sunday. Lunch with Probus Friends then enjoy Theatre or Concert Event.



Get ready for an exciting line-up of local theatre and concert events coming your way in 2026. Throughout the year, venues across our area will host a diverse range of performances, from classic dramas and vibrant live concerts by local artists. , there's something for everyone to enjoy. Here's a roundup of upcoming local theatre and concert events to add to your calendar. Any Local Theatre or Concert Events information or payments please contact

Kathy.

Theatre Performances.

Heidelberg Theatre Company (In 74th Year of productions).

36 Turnham Avenue Rosanna. (Opposite The Rosanna Railway Station).

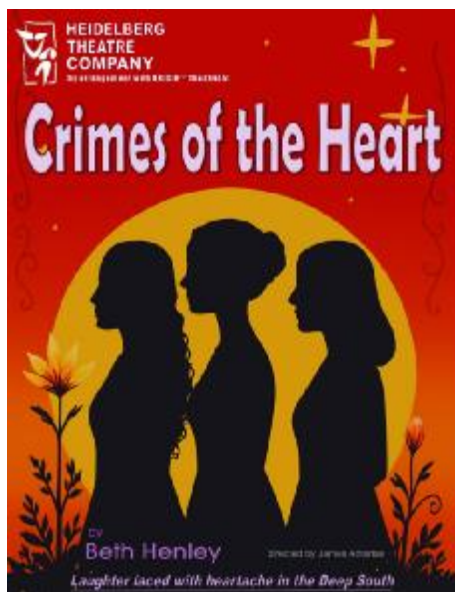
Sunday 13th September at 2.00 pm.

Lunch prior at 12.00pm at Hunters Lane Café 76 Turnham Avenue Rosanna.

Our fourth play for this year is Crimes of the Heart.

ABOUT THE PLAY

Laughter laced with heartache in the Deep South -



In Hazlehurst, Mississippi, the three eccentric Magrath sisters reunite under one roof: Babe has just shot her husband, Meg's fled Hollywood, and Lenny is celebrating her birthday with a cookie. What follows is a darkly funny and deeply human story of shared trauma, fierce love, and awkward healing.

Beth Henley's *Crimes of the Heart* premiered in 1979 and quickly became a classic of American theatre, winning the 1981 Pulitzer Prize for Drama. Blending Southern Gothic humour with aching vulnerability, this bittersweet comedy has delighted audiences for over four decades. All tickets have been sold.

ELTHAM CONCERT BAND



Eltham Community and Reception Centre
Eltham Concert Band Sunday 18th October
2.30 PM.

801 Main Road Eltham Lunch at Eltham
Hotel 12.30pm.

Please see Kathy for payment \$16.50pp
Wonderful uplifting music.
List will be on rear table at September
General meeting. Tickets available October
meeting.

Local Theatre Coordinator Kathy

CITY THEATRE.



September 2nd Six Wives of Henry V111, Comedy Theatre, 1pm show.



September 16th, 2026, Neil Diamond Musical.

Princess Theatre, 1pm Show.

List now closed for Neil Diamond.

Thankyou 🙏🏻 Regards Catherine 🌸

Convenor: Catherine C.



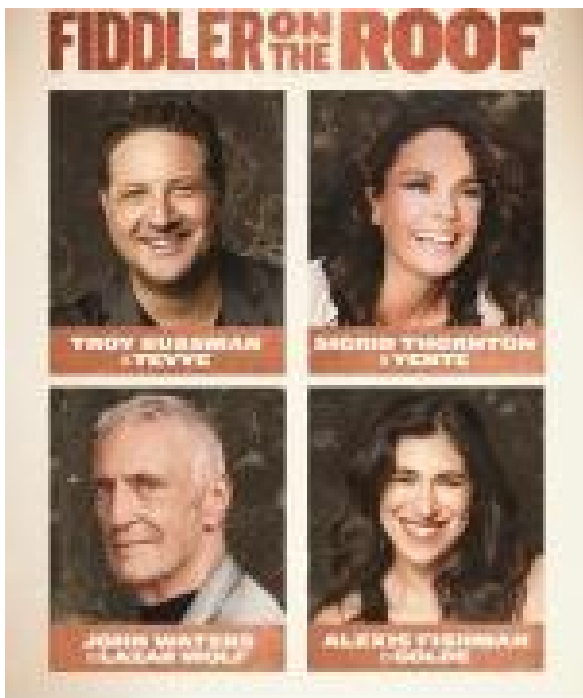
`My Fair Lady State Theatre Wednesday 2nd December (note time) 2pm show, tickets \$70 All tickets allocated

Money due 1st October.

Convenor: Catherine C.



Monday December 7th Christmas Melodies.
Hamer Hall, 1pm show, list now closed.
Lunch list Young and Jacksons.
Convenor: Catherine C.

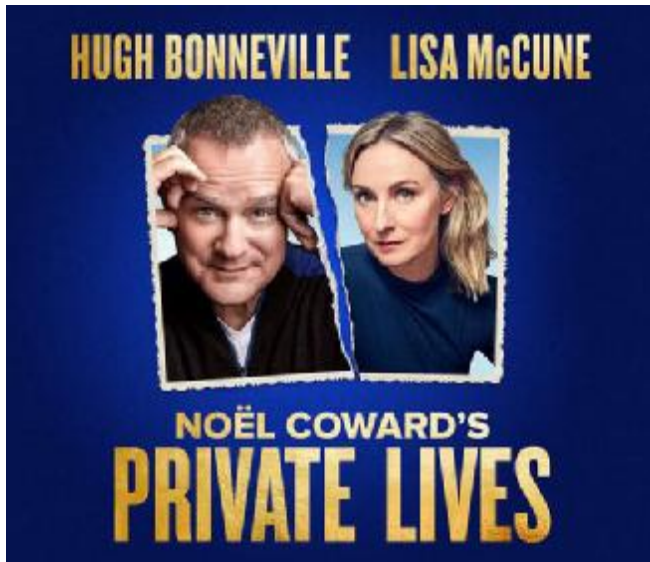


Her Majesty's Theatre

Fiddler on the Roof.
November 18th 2026.
Show time 1.00 pm.
Ticket and booking fee \$91 Booking closed.
21st September.
Convenor: Catherine C.

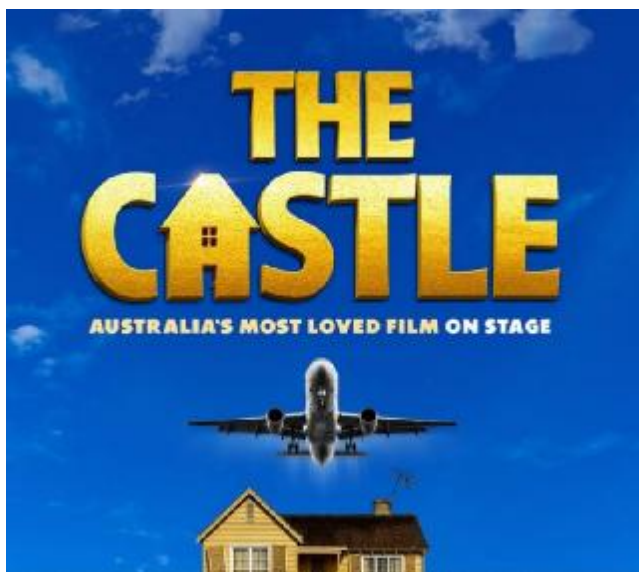


Princess Theatre Mrs Doubtfire.
February 24th 2027. Tickets \$91
Money due 1st January 2027.
1 pm Show. Convenor: Catherine C.



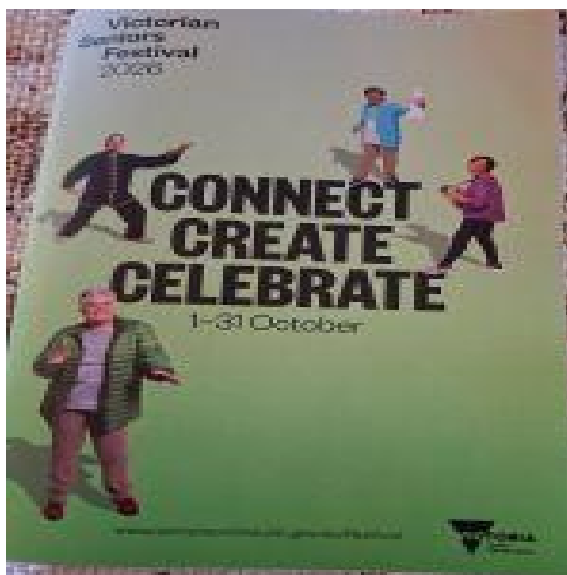
Princess Theatre
 Noel Cowards Play Private Lives
 Wednesday March 31st 2027
 Tickets \$90 each 🎫
 Show 1pm
 24 tickets allocated to our Club
 Rows A & AA
 Money due to Catherine
 Friday January 22nd 2027
 A list will be on the back table at the September
 General Meeting.

Convenor: Catherine C.



Her Majesty's Theatre.
 THE CASTLE STAGE SHOW APRIL 7TH
 2027 Tickets \$50 Money due February
 19th.

Convenor: Catherine C.



Seniors Festival 1st to 31st
 October 2026
 Booklet out now, get yours
 at Libraries and Supermarkets.

Activity Calendar

SEPTEMBER. 2nd City Theatre the musical production of Six 2nd Snooker billiards and Darts. 3rd General meeting at Greensborough RSL. 8th Games Day at Eltham CFA. 10th Walk and Lunch, 13th Heidelberg Theatre Company play, crimes of the Heart. 16th Snooker billiards and Darts. 16th City theatre a Beautiful Noise. 17th Third Thursday activity. Eltham Cemetery Guided tour. 18th Committee meeting. 22nd Games Day at Eltham CFA. 24th Fourth Thursday Lunch. 30th Snooker billiards and Darts.	OCTOBER. 1st General meeting at Greensborough RSL. 6th Games Day at Eltham CFA. 8th Walk and Lunch, 14th Snooker billiards and Darts. 15th Third Thursday activity. Dandenong Ranges Botanic Garden. 18th Eltham Concert Band. 20th Games Day at Eltham CFA. 22nd AI seminar 28th Snooker billiards and Darts. 29th Fifth Thursday activity. 30th Committee meeting
NOVEMBER. 3RD Games Day at Eltham CFA. 6th General meeting at Greensborough RSL. 11th Snooker billiards and Darts. 12th Walk and Lunch. 17th Games Day at Eltham CFA. 18th City Theatre Fiddler on the roof. 19th Third Thursday activity. 25th Snooker billiards and Darts. 26th Fourth Thursday Lunch 27th Committee meeting	DECEMBER. 2nd City Theatre. My Fair Lady at the State Theatre. 3rd Club Christmas Party Heidelberg Golf Club. 7th City Theatre Christmas Melodies at Hamer Hall.

Probus Bank details

Account name: [Probus Club of Eltham North Inc.](#)
[Bendigo Bank](#) BSB 633000 A/C No. 233562602

DEADLINE FOR OCTOBER 2026 NEWSLETTER.

Monday 19th September 2026.

TO

Ross.

NEXT MEETING: 10.00am Thursday 3rd September 2026.

At the Greensborough R.S.L.

IN FRIENDSHIP, FELLOWSHIP AND FUN.

PRINTED BY THE OFFICE OF VICKI WARD. THANK YOU, VICKI WARD.



Induction Eileen.



Some of the fine gentlemen in our club



Rae, John and Betty at John's Daughter's Memorial.



Ian Toohill speaking on Dr Philip Law (Mr Antarctica).



Tour of the ANZ Gothic Building Collins Street Melbourne





Lunch at the Mitre Tavern.



AI for Seniors

Probud Club of Eltham North

ReadyTechGo Seminar

What You Need to Know – and What You Don't

As part of this year's Seniors Festival, the Probus Club of Eltham North is pleased to present an informative seminar on **Artificial Intelligence (AI)**. The media is full of stories about AI and its impact on jobs, businesses, and the economy.

Far less attention is given to how AI can affect everyday life for seniors.

For most of us, AI will have a practical and personal impact.

It can make internet searches easier, help you discover new recipes, plan holidays, organise information, and much more.

Proper use may also help you avoid scams and be safer online.

The seminar will be presented by **ReadyTechGo**, come along and learn:

- *What AI is and how it works*
- *How AI can be useful in everyday life*
- *What seniors need to be aware of*
- *What can safely be ignored*
- *How to stay informed as this technology continues to evolve.*

Surprise your grandkids with how much you know!

Date: Thursday 22 October 2026

Time: 9:30am – 11:00am

Venue: Eltham Community and Reception Centre
801 Main Road, Eltham.

Entry is free but tickets are required

seating is limited so book early:
events.humanitix.com/seniors-ai

Flyer printed by Vicki Ward MP

Proudly supported by

